

# SCHOOL CLINIC NEWSLETTER

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# FEBRUARY

## NATIONAL CHILDREN'S DENTAL HEALTH MONTH



## CLINIC INFORMATION

Nurses: Yuliet Moreno RN & Mireille Joseph LPN  
North Miami Senior High School  
Clinic is located on the west side of the school  
(305) 668-1008



# FREE MEDICAL SERVICES

## SCHOOL HEALTH CLINIC

We offer all medical services **FREE** of charge

**IMPORTANT!**  
Before making an appointment, students **MUST** have a consent form filled out by parent/guardian.

**To sign up:**

- 1 Scan QR code
- 2 Select a Language  
(English, Spanish, Creole)
- 3 Complete consent form

**Our services include**




- Well Child Visits
- Sports Physicals
- Immunizations
- COVID-19 Testing
- First Aid
- Chronic Condition Management
- Mental Health Counseling

And so much more!

**UHealth**  
UNIVERSITY OF MIAMI HEALTH SYSTEM

in partnership with

**THE CHILDREN'S TRUST**





Our vaccination unit, Shotz-2-Go, will be stationed at

North Miami Senior High School

Monday, February 13th

9 AM-3 PM

We can help you take care of your child's vaccination needs!

# ATTENTION ATHLETES

It's SPRING sports season! Get your FREE

## SPORTS PHYSICALS

North Miami Senior High School

Friday, February 24th 2023

All students who receive a Sports Physical will receive their signed physical form and a goody bag upon completion

**IMPORTANT**  
consent form  
**MUST** be filled out  
by  
parent/guardian  
**ONLY**

SCAN ME!



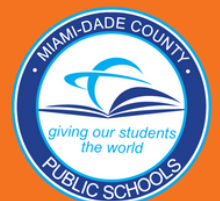
Questions or concerns?

Reach out to your Community  
Outreach Coordinator

**Arianna Brito**  
[aeb178@med.miami.edu](mailto:aeb178@med.miami.edu)

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CHILDREN'S  
TRUST



# ASK YOUR PEDIATRICIAN

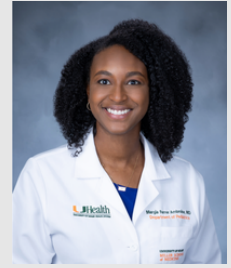
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Parents and students, we want to hear your concerns!

Submit any confidential questions/concerns using the QR code OR link and our pediatrician will answer your question individually.

**Link**

[https://umiami.qualtrics.com/jfe/form/SV\\_8quzio2XHbPo4V8](https://umiami.qualtrics.com/jfe/form/SV_8quzio2XHbPo4V8)



Dr. Margia Ambroise

## Mental Health Interest Form

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If you have more questions or are interested in receiving services, please fill out the Mental Health Interest Form using the QR code OR link listed below.

One of our team members will be in touch with you soon after receiving your response. You may also go to the school clinic to make an appointment with a mental health provider.



**Link**

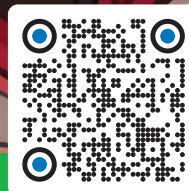
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February is National Children's Dental Health Month. Visit [ADA.org/NCDHM](https://ada.org/NCDHM) for more activity sheets.



#### HEALTHY SMILE TIPS



BRUSH YOUR TEETH 2X/DAY  
WITH FLUORIDE TOOTHPASTE.



CLEAN BETWEEN YOUR  
TEETH DAILY.



EAT HEALTHY FOODS AND  
LIMIT SUGARY BEVERAGES.



SEE YOUR DENTIST AT LEAST  
TWICE A YEAR.

**ADA** American  
Dental  
Association®

# TRACK YOUR BRUSHING CHALLENGE

Brush twice a day to help protect your teeth from cavities!



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
SUNDAY					
MONDAY					
TUESDAY					
WEDNESDAY					
THURSDAY					
FRIDAY					
SATURDAY					

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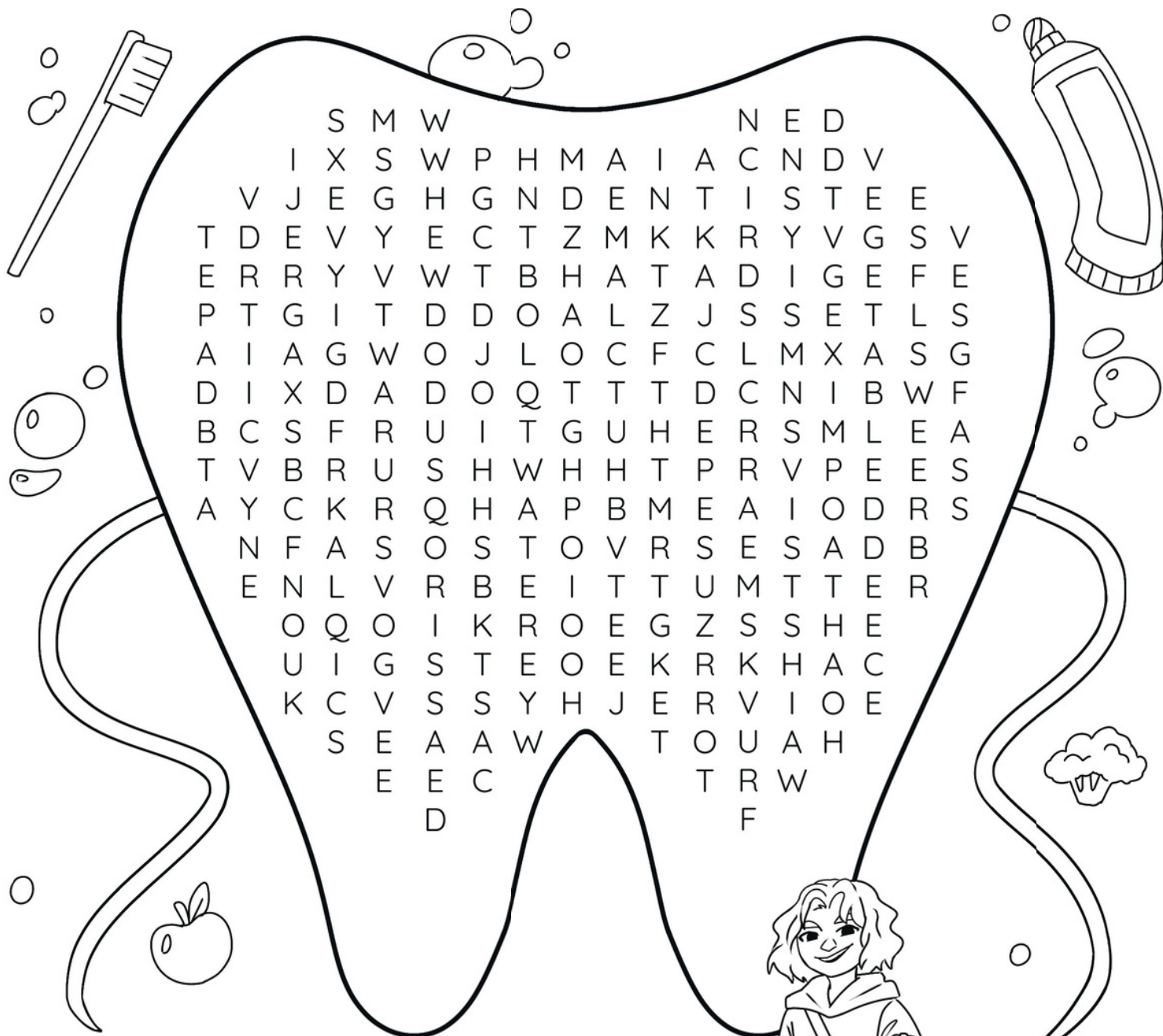


SEE YOUR DENTIST AT LEAST TWICE A YEAR.

**ADA** American Dental Association®

The best way to learn new habits is to remain consistent. Try to complete this challenge for **AT LEAST 32** out of the **35** days!





BACTERIA  
BRUSH  
CAVITY  
DENTIST  
FLOSS  
FRUIT

SMILE  
TEETH  
TOOTHBRUSH  
TOOTHPASTE  
WATER  
VEGETABLE



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